



## ***FISHERS-HSE GIRLS YOUTH BASKETBALL***

### **2019-2020 INFORMATION PACKET**

#### **Vision**

To provide a competitive, organized and enjoyable opportunity for girls in the Hamilton Southeastern school district to play the game of basketball.

#### **Mission**

To ensure that each and every girl that plays in our program is able to improve her skills and enjoy the sport of basketball. Teach basic basketball fundamentals along with reinforcing life skills and values such as honesty, work ethic, leadership, teamwork & good sportsmanship.

## **Fishers-HSE Girls Youth Basketball Board 2019-2020**

To contact a member of the board and for updates throughout the season, please visit the Girls Basketball website at: <http://girlsbasketball.hsesports.org> or visit us on Facebook at <https://www.facebook.com/GirlsRecBBall>

### **BOARD OF DIRECTORS**

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President	Brian Bair
Vice President	Mike Poynter
Secretary	Chad Tolliver
Treasurer	Michael Thomas

### **COMMISSIONERS**

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Travel	
Fishers Travel	JD Trueblood
HSE Travel	Chad Tolliver / Jaime Jones
Rec	Harvey Harrington
1 <sup>st</sup> /2 <sup>nd</sup> Grade Rec	Rob Murray
3 <sup>rd</sup> Grade Rec	Jaime Jones
4 <sup>th</sup> Grade Rec	Harvey Harrington
5 <sup>th</sup> /6 <sup>th</sup> Grade Rec	Aaron Blake
7 <sup>th</sup> /8 <sup>th</sup> Grade Rec	Ken Johnson

### **COORDINATORS**

Referees & Tournament Coordinator	Todd Rairden
Uniforms & Registration Coordinator	Jamie Schellhammer
Pictures & Trophies Coordinator	Troy Mezera
Sponsorships Coordinator	Michael Thomas / Mike Poynter
Equipment	JD Trueblood / Troy Mezera
Communications & IT	Chris Gibbs / Troy Mezera
SPORTS Representative	Chad Tolliver

### **2019-2020 Girls Youth Basketball Board Meetings**

Meeting are held the second Tuesday of every month. Please contact a board member if you would like to join our board or come to one of our meetings.

# **Recreational League Basketball**

## **What is the Girls Rec League?**

The Rec League provides girls from the Hamilton Southeastern School District an enjoyable place to learn and play basketball.

## **2019-2020 Age Groups / Leagues:**

1<sup>st</sup> /2<sup>nd</sup> Grade

3<sup>rd</sup> Grade

4<sup>th</sup> Grade

5<sup>th</sup>/6<sup>th</sup> Grade

7<sup>th</sup>/8<sup>th</sup> Grade

## **Time Commitment:**

The league begins practices in November with games beginning in December until the end of February or early March. Typically, the teams will practice one (1) time per week and play games on Saturdays. Weekday practices are scheduled between 6:00 and 9:00 p.m. Days and times depend on gym availability. Saturday practices and games are scheduled between 8:00 a.m. and 5:00 p.m.

## **Team Selection:**

The players are divided up into teams by the league commissioners with the goal to establish equally competitive teams.

## **Cost:**

\$130.00 per season for the Rec program. There is a family maximum for Girls Basketball but it does not apply for registrations that include both girls basketball and boys basketball. See Registration Form for more information. League fees cover jersey, shorts, SPORTS membership dues, insurance, officials, equipment, etc.

## **Refund Policy:**

Recreation League:

***There is a \$32 non-refundable fee on all registrations. The \$10 late fee for registrations after August 31 is also non-refundable.***

***Refunds requested during the following dates are as follows:***

***August 1 – September 15 – Refund after \$32 non-refundable is subtracted***

***September 16 – September 30 – 50% refund after \$32 non-refundable is subtracted***

***October 1 – October 15 – 25% refund after \$32 non-refundable is subtracted***

***After October 15 – No refund***

## **Coach Selection:**

Volunteer parent coaches are utilized. The basketball board will select the coaches from those who express an interest on their daughters' registration forms.

## **RECREATIONAL BASKETBALL EVALUATIONS**

It is VERY IMPORTANT that every player attend the designated evaluation session. Evaluation scores will help to ensure a better playing experience for ALL as the teams will be

divided as fairly as possible based on evaluation scores. We cannot honor specific requests if your daughter does not attend evaluations. **Evaluations will take place in early October.** There will be no additional dates for make-ups. If you are unable to attend your scheduled time you must notify the Rec Commissioner prior to your scheduled evaluation date.

## **Recreational League Rules and Regulations for Use of School Property**

### **Drinks and Snacks:**

Water fountains are available at each facility. Our league has experienced significant problems with food and drinks being brought onto school property. Our host schools prohibit any type of food or drinks due to the carpeted floors. Drinks and Snacks are not allowed in our facilities unless kept in an authorized Concession Area. The Basketball Board will have the right to take whatever action it deems appropriate to deal with any type of offense or conduct including, but not limited to, issuing warnings, suspensions, and/or removal of a player or coach from the league and/or barring a spectator from any league games.

- **No Food of any kind is permitted in the school.**
- **No “after game” snacks or drinks are permitted in the school.**
- **Water bottles will be permitted.**

### **Facilities:**

We need to show the utmost care and respect for the school facilities that our leagues utilize. Players, coaches, parents, siblings and other spectators need to be careful not to damage anything on school property. Coaches need to admonish parents to control their children’s activities before and after games. The Basketball Board will have the right to take whatever action it deems appropriate to deal with any type of offense or conduct including, but not limited to, issuing warnings, suspensions, and/or removal of a player or coach from the league and/or barring a spectator from any league games.

- **DO NOT PROP OPEN OUTSIDE DOORS TO THE SCHOOL – you must ask a parent to sit by the doors and let others players and parents into the gym.**
- **Do Not allow children to leave the gymnasium unassisted**
- **Do Not touch, mark on or tamper with displays, bulletin boards, chalk and dry erase boards**
- **Coaches, parents and other spectators should not wander around school property.**
- **Participants and spectators must stay in the gym until the game or practice is over.**
- **Please leave the building looking the same as when you entered.**
- **Do Not climb or sit on the top of bleachers that aren't pulled out.**
- **Stay away from any nets, pads or other equipment in the gymnasium.**
- **Keep away from "stage" areas.**
- **Please help clean up after yourselves and your children following each game and/or practice.**

**WE MUST TAKE GOOD CARE OF SCHOOL FACILITIES OR WE RUN THE RISK OF LOSING OUR ABILITY TO USE THE SCHOOL GYMS FOR OUR PROGRAM. PLEASE HELP US KEEP SCHOOL PROPERTY CLEAN AND IN GOOD ORDER**

## **GAMES**

**\*\*\* If there is no official present for your game, please contact board member Todd Rairden (317-287-9793) immediately \*\*\***

### **Game Length:**

Four 8 minute quarters (4 minute half time). No Overtime during regular season. During the season ending tournament there will be a 2:00 overtime period. Subsequent overtime periods will be played until a winner is decided.

### **Game Clock:**

Clock runs continuously. Clock will stop during foul shots and during the last two minutes of fourth quarter, last 30 seconds of overtime period and at the referee's discretion. The clock will run for the last 2 minutes of games in the 1<sup>st</sup>/2<sup>nd</sup> grade division. No regular season game may extend sixty (60) minutes past the scheduled starting time, regardless of how much time is left on the clock.

### **Score Keeping:**

Normal Scoring is kept throughout the game for all leagues.

### **Scoreboard and Score Sheets:**

Each gym is equipped with a scoreboard. Gym Coordinators will set up the scoreboard controls each game day, and put away the scoreboard controls at the end of the day. Scoresheets (to be provided at the scorer's table) need to be used for each game to list the player's names and to track playing time, scoring and fouls. Each team must provide one assistant coach or parent to sit at the scorer's table and either run the clock or keep the score sheet. Leave the score sheets at the scorer's table to be picked up by gym coordinators at the end of each day.

### **Basketball Size:**

**1<sup>st</sup>/2<sup>nd</sup> Grade:** Junior Size (27.5")

**3<sup>rd</sup> – 8<sup>th</sup> Grade:** Intermediate Size (28.5")

### **Rim Height:**

**1<sup>st</sup> /2<sup>nd</sup> Grade:** 8 ½ feet

**3<sup>rd</sup> Grade:** 9 feet

**4<sup>th</sup> – 8<sup>th</sup> Grade:** 10 feet

### **Playing Time:**

All players must play a minimum of two (2) full quarters (16 minutes) and each player must sit out at least one (1) quarter (8 minutes). Over the course of the season and as much as possible in each game, all players should receive equal playing time.

## **Substitutions:**

Clock should stop at the 4:00 mark of each quarter to allow substitutions. Substitutions may be made at this time or at the end of the quarter only. Exceptions: (i) if a player is injured, or (ii) if a player fouls out (3rd-8th grade). 1<sup>st</sup>/2<sup>nd</sup> Grade players cannot foul out of a game. Coaches and Referees will use these times as teaching opportunities. Intentional fouling in 1<sup>st</sup>/2<sup>nd</sup> grade levels will result in the player being substituted. If an official calls a time out for a player injury, that player must sit out until a substitution can be made (i.e. between quarters, another player injury, a player fouls out or at the four (4) minute mark in the fourth quarter).

## **Foul Shots:**

**1<sup>st</sup>/2<sup>nd</sup> Grade:** No Free Throws will be shot.

**3<sup>rd</sup> Grade – 6<sup>th</sup> grade:** Will shoot Free Throws from 12 feet (shooter may cross the free throw line after releasing the ball, but cannot actively attempt to rebound the ball until it hits the rim).

**7<sup>th</sup>/8<sup>th</sup> grade:** Will shoot from 15 feet.

Players may not enter the lane to rebound until the ball hits the rim. Free Throws will only be shot on shooting fouls. IHSAA rules apply to number of free throws. All other fouls will result in possession of the ball, out of bounds nearest the spot of infraction. On 7th team foul we will shoot 1&1, on 10th team foul and thereafter, all fouls will result in 2/3 shots.

## **Officiating:**

**1<sup>st</sup>/2<sup>nd</sup> Grade:** It is anticipated that we will have a referee whose focus will be on facilitating the game as opposed to simply calling violations. This is a recreational league with a focus on teaching fundamental basketball skills and rules for all the players. Use reasonable judgment so that the game doesn't stop every few seconds, but be consistent and fair to both your team and the opposing team. The referee will use the whistle to stop play and give a brief explanation of the call so that you can instruct all of the players on the court as to what happened. **DO NOT ARGUE OR DEBATE WITH THE REFEREE OVER A CALL DURING A GAME.**

**3<sup>rd</sup> - 8<sup>th</sup> Grade:** Officials will be assigned for each game. The official's decision is final. **DO NOT ARGUE OR DEBATE WITH THE REFEREE OVER A CALL DURING A GAME.**

## **Sportsmanship:**

Unsportsmanlike conduct, including "trash talking" or any unsportsmanlike physical contact by players, coaches or parents will not be tolerated. Please report any offensive conduct to the league commissioner, the gym coordinator, or a Basketball Board Member as soon as possible. Actions by any player, coach or spectator demonstrating un-sportsmanlike conduct before, during or after a game or practice will be subject to review by the Basketball Board. The Basketball Board has the right to take whatever action it deems appropriate to deal with any type of unsportsmanlike conduct including, but not limited to, issuing warnings, suspension, and/or removal of a player or coach from the league and/or barring a spectator from any league games. Any player, coach or spectator who is cited by a referee for unsportsmanlike conduct may either be issued a warning, removed from the game, or asked to leave the facility. Failure to comply with a referee's decision may result in the forfeiture of the game. Failure of a parent to comply with a referee's decision may result in the removal of that parent's child from the game and/or league. Decisions by a referee and/or Board Members on these matters are **FINAL**.

### **Timeouts:**

One 60 second timeout per half will be allowed. One 60 Second time out will be added for each overtime period played and timeouts do NOT carry over (meaning if you don't use your 2<sup>nd</sup> half timeout, you do not get 2 timeouts for overtime).

### **Lane Violation:**

Offensive players are permitted to remain in the lane for five (5) seconds instead of the usual three (3) second rule. By rule, the 5-second count cannot start until the ball is advanced past half court and will end when the offense shoots the ball. It may begin again when rebounded by the offensive team. There is no 5 second violation for the defense. This is at the sole discretion of the referee to call.

### **Defense:**

Man to Man Defense only. No Zone defense will be allowed. It is up to the sole discretion of the official to determine if any of the players are playing a zone or double teaming. Players at this age lose their assignments and end up double teaming or playing zone. The official will determine if an advantage was created or if the intent was to gain an advantage. If the official feels players are abusing the zone/double teaming defense rule, the first two violations of each half will be warnings. Penalty for the 3rd violation and subsequent violations of each half will be 2 FTs and the ball at half court. No double teaming allowed, except within 15' of the goal and in a helping role on an offensive player with the ball. If two offensive players are within 6' of each other and a double team occurs, the defense will not be called for double teaming.

### **Stealing the Ball:**

**1<sup>st</sup>/2<sup>nd</sup> Grade:** Players may not steal the dribble except when the player dribbling is inside the three-second lane. Players may not steal the ball if the offensive player picks up her dribble **anywhere on the court** unless she is passing the ball. The ball cannot be taken from the offensive player's hands. Players may steal the basketball off a pass anywhere on the floor. Since players are not permitted to steal the ball off the dribble outside of the lane, players should be coached to not hover at half court, but should let the offensive team advance the ball past the half court line. If a player steals the dribble, stop the game and give the ball back to the offensive team. If an offensive player loses control of the ball, it is a free ball and can be taken by the defense.

**3rd Grade:** There is to be no stealing of the ball (dribbled or held) above the free throw line extended. If a team is ahead by 10 points or more, stealing of the ball (dribbled or held) may only occur when the ball enters the lane (FT line and below, INSIDE the lane lines). Once the lead is under 10 points, we will revert back to allowing steals outside the lane but below the FT line extended. Stealing above the FT line will result in the official blowing the play dead immediately and giving the ball back to the offended team at the out of bounds spot closest to where the violation occurred. The first two violations will be warnings. Penalty for the 3rd violation and subsequent violations will be 2 FTs and the ball at half court. Players may steal the basketball off a pass anywhere on the floor. Any loose ball or pass, regardless of where it is on the court, may be picked up by either team or stolen. The no guarding in the backcourt rule still applies once possession of the ball is gained.

**4th – 8th Grade:** Players may steal the ball off of either the pass or the dribble.

## **Ball Handling:**

**1<sup>st</sup>/2<sup>nd</sup> Grade:** All players must have an opportunity to bring the ball up the court.

**4<sup>th</sup> – 8<sup>th</sup> Grade:** The player has 10 seconds to get the ball over the half court line. A player has 5 seconds to hold the ball then needs to pass or shoot the ball. If the player does not release the ball after 5 seconds the ball will be given to the opposing team. This rule will only be enforced in the 4<sup>th</sup> grade through junior high leagues.

## **Pressing:**

**1<sup>st</sup>/2<sup>nd</sup>:** No full court pressing. The defense cannot guard the offense until the offensive player has both feet and the ball past half court. Once the ball changes possession, the defensive team must return to their defensive side of the court before they can defend their player. If the offensive player uses this opportunity to fast break and loses the ball before half court, it will be up to the discretion of the official to determine if the ball was just lost or if the defense purposely caused the turnover. If a lost ball, this is a free ball.

**3<sup>rd</sup> Grade:** Pressing will be allowed ONLY in final 30 seconds of 4th quarter and last 1 minute of any overtime period. There is to be NO pressing by a team that has a 10 point lead or more. The trailing team can press anytime under the 30 second mark and last minute of OT.

**4th-8th Grade:** Pressing will be allowed ONLY in final 2:00 of 4th quarter and last 1 minute of any overtime period. There is to be NO pressing by a team that has a 10 point lead or more. The trailing team can press anytime under the 2:00 mark and last minute of OT.

For clarity when pressing is not allowed: The defense cannot guard the offensive player until the player has both feet and the ball past half court. Players will have 10 seconds to advance the ball past the half court line. Once the ball changes possession, the defensive team must return to their defensive side of the court before they can defend their player. If the offensive player uses this opportunity to fast break and loses the ball before half court, it will be up to the discretion of the official to determine if the ball was just lost or if the defense purposely caused the turnover. If it is a lost ball, it is a free ball.

## **Individual Player Scoring:**

No player is permitted to score more than six (6) points in a quarter. Players who score this many points do not need to be removed from the game, they simply are not permitted to shoot the ball. This is an instructional league and scoring by all players should be encouraged by coaches and parents. In the case where foul shots would cause a player to have the opportunity to score more than 6 points in the quarter, the free throws will be allowed and counted. Any baskets scored by a player during live play that result in them scoring more than 6 points will be nullified and result in a turnover. The ball should be given to the defensive team for inbounds throw in. Coaches are expected to monitor this with the scorekeeper. Scorekeeper should notify the Referee if any player reaches 6 points in a quarter.

**1<sup>st</sup>/2<sup>nd</sup> Grade** – score will be kept but no stats on team performance. No tournament will be held. Instead, an extra regular season game will be played.

**3rd – 8th Grade** – score and win/loss records will be kept. Win/Loss records will be used for placement in season-ending tournament. In the event of identical number of wins in regular season, first tie breaker will be head to head match-up between the teams. The second tie break will be determined by # of ties (2 points for wins, 1 point for ties). In the event two teams are still tied, a coin flip will determine the higher seed.



**Conduct Warnings:**

A Code of Conduct by all parents will be signed for their player to play in the league. Unsportsmanlike conduct by any player, coach or fan will result in a warning. A second offense will result in removal from the gym. Third offense will result in removal from the league.

**General Rules:**

The league will follow all IHSAA rules with the exception of those previously listed. Any questions regarding rules during the season should be presented to your League Commissioner for clarification. You can purchase the IHSAA rule books for basketball and other sports at:

IHSAA  
9150 N. Meridian St.  
P.O. Box 40650  
Indianapolis, IN 46240-0650  
317-846-6601  
[www.ihsaa.org](http://www.ihsaa.org)

# **Travel Basketball**

## **What is Travel Basketball?**

The Travel League was developed to provide the players with a higher level of competition and development. The teams are entered into a league that consists of dozens of teams from the central Indiana area. The travel season runs from early October to mid-March. Opportunities such as holiday tourneys and other tourneys after the end of the season, may allow the teams to gain more game experiences. Additionally, players may play in the AAU tourneys after the travel season is finished.

## **Time Commitment:**

The time commitment varies with the number of teams and the gym availability. Typically, the teams will practice two (2) times per week and play travel games on a weekday evening and Sundays. Weekday practices are scheduled to begin and end somewhere between 6:00 and 9:00 p.m. Days and times depend on gym availability.

## **Team Selection:**

Teams for 3<sup>rd</sup>-6<sup>th</sup> grade travel teams are chosen during an evaluation in late August or early September. Teams are selected to represent either Fishers or Hamilton Southeastern based upon which High School they would attend if they were incoming Freshmen. Individual skills and attitude will be evaluated. Teams are formed to be competitive. Two teams (A & B) will be formed in each grade if numbers and skill level permit it. More teams may be formed if the numbers and skill level permit. Tryouts for 7<sup>th</sup> and 8<sup>th</sup> grade travel teams generally take place the week after school starts.

## **Cost:**

Approximate costs are \$250 per season for the travel program. This covers league dues, insurance, league cards, USSFA tourney, officials, custodial fees, etc. Uniforms run \$80-\$90. Host schools will also charge a \$5 entry fee to attend the games. Coaches and players are no charge.

## **Refund Policy:**

Travel League:

Once a player has attended evaluations, been selected to the team and paid the dues at the registration, no refund will be given.

## **Playing Time:**

Playing time is at the coach's discretion based on the commitment of time, energy of the players and the game situation. There is no guarantee of equal playing time, but it is recommended, by the Basketball Board, that if a player attends practice with a good attitude, they should see some playing time each game.

## **Coach Selection:**

Parent coaches and independent coaches are utilized. The basketball board will select coaches based on requests and recommendations. Parent coaches will be selected after the teams have been selected. The board selects the independent coaches based on prior experience and feedback.

## **What is required to become a coach?**

A Travel Coach must be a "Double-Goal" coach. While winning is always a goal, there are other goals just as important when developing young people into adults and basketball players. You must be willing to follow the guidelines set by the Board:

- Must be opened minded and willing to learn. Playing experience is helpful but it is not the most important aspect of coaching. Becoming a good coach takes years of experience and a good deal of time.
- Must be a coach for all the players, not just their family members
- Must manage the parents as well as the players

## **What do I do if I'd like to become a coach?**

Email your contact information to the Travel Commissioner for the appropriate School. If your daughter will attend Fishers High School, contact the Fishers Travel Commissioner, [JD Trueblood \(jdtrueblood@gmail.com\)](mailto:jdtrueblood@gmail.com). If your daughter will attend Hamilton Southeastern High School, contact the HSE Travel Commissioner, [Chad Tolliver \(ctolliver@ncaa.org\)](mailto:ctolliver@ncaa.org). Let the Commissioner know the grade you'd wish to coach and if you're interested in being the Head Coach or Assistant Coach. Travel coaches are selected by the respective travel commissioners and varsity head coaches.

A Volunteer form must be filled out every year. Please note that SPORTS will run a Criminal Background check on all coaches.

## **TRAVEL BASKETBALL EVALUATIONS**

It is VERY IMPORTANT that every player attend the designated evaluation session. Evaluation scores will help to ensure a better playing experience for ALL, as the teams will be divided as fairly as possible based on evaluation scores. Girls must attend the evaluations for the high school district they live in based on their current address. Please check the website for details on dates and locations of tryouts.

There are no additional dates for make-ups.

If you are unable to attend your scheduled time you must notify the travel Commissioner, prior to your scheduled evaluation date. Please arrive 20 minutes prior to your scheduled try-out time for sign-in and registration. No prior travel uniforms or clothing with players' names should be worn during the evaluations. Players that make a Travel Team for grades 3rd-6th do not need to attend the Recreational League evaluations. Players that try-out but do not make the (3rd-6th grade) travel team are encouraged to attend recreational league evaluations.



## ***Recreation League Team Sponsorship***

Dear Potential Sponsor:

Fishers-HSE Girls Basketball is pleased to report that the future of girls basketball in Southeastern Hamilton County is alive and doing very well. Our High School teams are consistently successful and our feeder programs are growing in popularity and numbers every year. These improvements would not be possible without the generous support of our sponsors, both on a local and national.

The league is excited to present the opportunities for corporate or individual sponsorships for the upcoming 2019-2020 Girls Recreational Basketball Season. The dollars raised through sponsorship help fund not only our teams with equipment and uniforms but also provide scholarships for those in need of financial assistance, making sure that everyone has the opportunity to share in the game. You may sponsor more than one team. Sponsorship fees may be tax deductible as a promotional expense or as a charitable contribution (we are a 501(c)(3) organization). See your tax advisor and or accountant for more information. More importantly, your sponsorship is helping the youth of our community. Sponsorship information must be confirmed by early November 2019.

Team Sponsorship - \$150.00

- Sponsorship of one Team
- Logo or Name on all your Team jerseys
- Sponsor Recognition Team Picture
- Listing on our website

**SHOW YOUR SUPPORT BY BEING A SPONSOR:**

Contact: Brian Bair, 317-513-5021; [brianb@mccoynl.com](mailto:brianb@mccoynl.com)



***Recreation League Team Sponsorship***  
**2019-2020 TEAM SPONSORSHIP AGREEMENT**

Each team will have one sponsor. Preference for specific teams will be prioritized by date of application and requests to sponsor specific girl's teams. Sponsorships will be for the entire 2019-2020 Recreation Basketball Season. Sponsors will be listed on the Girls Basketball Website accessible through S.P.O.R.T.S. at [www.hsesports.org](http://www.hsesports.org) in addition to having Name and Logo prominently displayed on one team's game jerseys. All sponsors will be recognized on a banner at the end of season Tournament. Fishers-HSE Girls Basketball is a 501(c)(3) Not For Profit Corporation and all Donations may be tax deductible. See your tax advisor and or accountant for more information. For multiple Team Sponsorships please submit separately. Sponsorship information must be confirmed by early November 2019.

Sponsor Name: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

***Please indicate your preference for team sponsorship:***

\_\_\_\_\_  
\_\_\_\_\_

Sponsor Donation: **\$ 200.00**

Questions/Comments may be directed to:

Mike Poynter; [mpoynter@teipencpa.com](mailto:mpoynter@teipencpa.com)

Please complete and return this form with a check payable to:

S.P.O.R.T.S. Girls Basketball  
12690 Promise Road  
Fishers, IN 46038